



ED 2262/18 Rev. 1

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**INVITATION TO ATTEND A DISSEMINATION WORKSHOP ON COFFEE AND HEALTH
TUESDAY, 10 APRIL 2018**

1. The Executive Director presents his compliments and wishes to inform Members and observers about a Dissemination Workshop on Coffee and Health which will take place at the Hilton Mexico Reforma hotel, Mexico City from 15:00 to 18:00 on Tuesday, 10 April 2018.
2. The objective of the Dissemination Workshop is to share latest developments relating to coffee consumption and health, presented by eminent speakers in the field.
3. The Workshop is open to all ICO Members, Private Sector Consultative Board (PSCB) associations and accredited observers to the Council who are attending the 121st Session of the International Coffee Council and associated meetings in Mexico City, in addition to registered participants. Information about these meetings has been circulated in the Convocation ([document ED-2260/18 Rev. 1](#)). Interpretation in the four languages of the ICO will be available.
4. The Workshop will be of interest to:
 - Representatives of ICO Members
 - Government agencies
 - Private sector organizations involved with coffee production, handling, export and marketing
 - Research institutions/universities
 - International organizations
 - Civil society
 - Press.
5. For further information, please contact:

Ms Sarah Eldred
Secretariat and Communications Officer
International Coffee Organization
222 Gray's Inn Road
London WC1X 8HB
Email: eldred@ico.org



As at 2 April 2018

DISSEMINATION WORKSHOP ON COFFEE AND HEALTH

TUESDAY, 10 APRIL 2018

DRAFT PROGRAMME

- 15:00 – 15:05 **Welcome and introduction**
- International Coffee Organization:** Mr José Sette, Executive Director
- Moderator:** Ms Yunyuney Martínez – Director of Documentary Control and Adviser to the Undersecretary of Agriculture, Secretariat of Agriculture, Livestock, Rural Development, Fisheries and Food (SAGARPA), Mexico
- 15:05 – 16:00 **Health effects of coffee: Physiology and pathology**
- Dr Astrid Nehlig – Research Director, French National Medical Research Institute, France
- 16:00 – 16:30 **Coffee, Health and Consumption: Reaching Coffee Drinkers**
- Mr Bill Murray – President and CEO, National Coffee Association, United States
- 16:30 – 17:00 **Coffee break**
- 17:00 – 17:45 **The impact of coffee on mental health**
- Professor Rui Daniel S. Prediger – Experimental Laboratory of Neurodegenerative Diseases, Department of Pharmacology, Federal University of Santa Catarina, Brazil
- 17:45 – 18:00 **Discussion**

BIOGRAPHICAL DETAILS OF PRESENTERS

Ms Yunyune Martínez (Moderator)



Ms Yunyune Martínez has a degree in International Relations from the Tecnológico de Monterrey, and has a Masters in Strategic Design and Innovation from the Universidad Iberoamericana and a Diploma in Integral Project Management from the same university. Her career has been focused on the design, development and implementation of projects in the legislative field, public administration, international development and civil society.

She is currently Director of Documentary Control and adviser to the Undersecretary of Agriculture at the Secretary of Agriculture, Livestock, Rural Development, Fisheries and Food (SAGARPA), developing projects on issues of sustainability, food security, internal migration and monitoring the objectives of Sustainable development.

Dr Astrid Nehlig PhD



Dr Astrid Nehlig, Ph.D., earned a master's degree in Physiology, one Ph.D. degree in physiology and one Science degree in functional neurochemistry at Henri Poincaré University in Nancy, France. She holds presently an emeritus Research director position at the French Medical Research Institute, INSERM in Paris/Strasbourg.

Her main research interests are brain metabolism, brain development, epilepsy, and the effects of coffee and caffeine on health. She has authored or co-authored approximately 280 articles, books and book chapters and has edited three books, one on epilepsy and two on coffee. She has been invited to deliver over 200 lectures, including many on coffee and health. She received several grants for her work mainly from Medical Research Foundations, NATO, and private companies, a 2002 award from the American Epilepsy Society and a 2006 award from the Gordon Research Conference.

She headed an INSERM research team of 10-15 persons for 30 years, resulting in the education of about 25 M.D. and Ph.D. students and several post-doctoral fellows. She is the co-Editor-in-Chief of *Epilepsia*, the official journal of the International League Against Epilepsy (ILAE) and belongs to the editorial board of several journals. She acts as an expert for a large number of scientific journals and international societies. She is also the president of ASIC (Association for Science and Information on Coffee), scientific advisor of ISIC SC (Institute for Scientific Information on Coffee, Scientific Committee) and works as an expert for the French Coffee Roasters Association.

Mr Bill Murray



Mr William "Bill" Murray, CAE, is President & CEO of the National Coffee Association (NCA), the trade group representing all industry segments, with a membership weighted toward small and mid-sized companies and representing over 90% of U.S. coffee commerce.

Previously, he served as CEO of the Public Relations Society of America (PRSA), and as EVP and Co-COO of the Motion Picture Association of America (MPAA.)

Professor Rui Daniel Prediger



Professor Rui Daniel Prediger (PhD), is a full Professor at the Department of Pharmacology (UFSC, Brazil).

He is the leader of the team entitled "Laboratory of Neurodegenerative Diseases – LEXDON". The goal of his research team is to investigate the pathological mechanisms and new therapeutic agents for Parkinson's disease and Alzheimer's disease, as well as the etiology and treatment of psychiatric disorders such as depression, anxiety and addiction.

He is an associate member of the Brazilian Academy of Science (ABC) and he is author of more than 150 papers and reviews in international journals (h index=38). Projects of the team have been and are still supported by national and international funding agencies. He concluded the supervision of more than 40 PhD and Master students. He is currently a consultant of Michael G. Fox Foundation and Alzheimer's Association. He acts as Editor at Journal of Alzheimer's disease and Frontiers in Pharmacology.



**DISSEMINATION WORKSHOP ON COFFEE AND HEALTH
Tuesday, 10 April 2018**

ATTENDANCE FORM

I will attend the Dissemination Workshop on Coffee and Health in Mexico City (please tick as appropriate):

Attendance at workshop	Yes
15:00 – 18:00 Tuesday, 10 April 2018	

Name of ICO Member country/
PSCB association/observer:

Name:

Position:

Organization/company:

Phone:

Fax:
.....

Email:

Please complete and return to:

Ms Sarah Eldred
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